



Date Night

PLANNER

The dating years were a lot of fun! The excitement of getting to know another person is one of life's greatest adventures. But dating should not stop once you say "I do." Dating should be a life long journey. When you say "I do" you are committing to loving and supporting your spouse for the rest of their life. To learn how to truly support and encourage each other you need to spend time with each other. One way to do this is to go on dates. It is true that different seasons allow for different types of dates and carry different budget allowances. Don't let limitations stop you from being creative and making it happen.

In this packet you will find a yearly planner so that you can schedule at least one date per month. There are also Date Night Tickets if you want to make a gift to give your spouse. The Date Night Tracker is for you to keep track of the dates you actually go on so that you can make sure you don't go too long between dates. There is also a log for you to brainstorm ideas for future dates. At the end are date night ideas if you need to mix things up a bit.

In this together,
Nathan and Dana

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YEARLY DATE PLANNER

OUR MARRIAGE IS TOP PRIORITY!
WE WILL MAKE TIME FOR US!

JANUARY

When:

Where:

What:

FEBRUARY

When:

Where:

What:

MARCH

When:

Where:

What:

APRIL

When:

Where:

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OCTOBER

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NOVEMBER

When:

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DECEMBER

When:

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What:

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DATE NIGHT

TICKETS FOR A NIGHT OUT

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OUR
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TICKETS FOR A NIGHT OUT

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DATE NIGHT IDEAS

Listening and remembering are key to really loving your spouse. When they say the words "I would like" or "It would be fun," we should tune in our ears to hear their words. Use this idea log to keep track of those important ideas or even better, keep a list going on your phone. Frequently look at and use these ideas to help you love your spouse well!

DATE NIGHT IDEAS

On a Tight Budget

- Find different walking/hiking trails to explore.
- Play tennis, pickleball or ultimate frisbee at a local park.
- Pack a picnic lunch and find a secluded location to enjoy it.
- Ask for gift cards to your favorite restaurant for Christmas or Birthday.
- Cook a new dish together to enjoy.
- Do a movie night at home with all the supplies-popcorn, candy, drinks. Dim the lights and enjoy missing a scene or two.

Little Kids at Home

- Bring the date night home with a [Subscription box](#) for everything you need.
- Have a breakfast date in the kitchen before anyone wakes up or dessert date after everyone is in bed. Order take out to make it even easier!
- Swap babysitting nights with a friend. When our kids were little, we would watch our friend's kids for the night. At bedtime, I would even drive them back home and put them to bed. Our friends would stay out late for a free night of babysitting. Then the next month we would flip flop and we would get a LONG date night.
- Intimacy hard to figure out? Take a shower together-you both have to get clean right?
- Play cards or your favorite board game after the kids are in bed. Be creative!

Older Kids

- Lunch dates while the kids are at school are a must. Especially after a fight if you need time and space to talk it through without kids around.
- Saturday morning brunch dates work well as they all sleep in from the long week.
- If you have older kids, leave them overnight for a night away.
- Schedule it! Put it on the calendar and don't let yourself get double booked. Let a teammate bring them home from practices so you can get a night away.
- Use a vacation/PTO day when they are at summer camp. It's okay to invest in your marriage and take time off when the kids are gone.
- Car dates. Grab your favorite non-alcoholic drink or dessert and drive the kids to practice together. If you have to be an Uber driver at least have your favorite person with you.

Stuck in a Rut

- Recreate your dates you went on when you were dating. Bonus: these were probably cheap dates since you were most likely young and poor.
- Google or Pinterest some ideas. One website I have found helpful is [The Dating Divas](#)
- Create a date based on your spouse's top love language. Take the [quiz](#) if you don't know your love language. Click [here](#) or [here](#) for a list of ideas-(I am new to these sites and haven't looked around to check content but liked these lists and wanted to share.)
- Write down what other people do that looks fun. Instead of being jealous of Instagram or Facebook posts, use the idea to create a fun memory yourself.