

SCHOOL LUNCH

What to pack:

Pick one from each group

MAIN DISH

- PEANUT BUTTER
- LUNCH MEAT

DAIRY

- YOGURT
- CHEESE STICK

VEGGIE

- CARROTS
- PEPPERS

FRUIT

- GRAPES
- APPLES

DRINK

- WATER
-

OTHER

- 1 COOKIE
- CHIPS

EXTRA

- SILVERWARE
- NAPKIN

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